# **Rockingham County Student Health Centers**

Parent or Guardian,

Enclosed is a permission form for your child to receive services at the Student Health Centers. You <u>must</u> return a signed permission form in order for your child to receive services. The Student Health Center is open each day school is in session. Hours of operation are posted at each center. When the Student Health Center is not open and a student is ill and needs medical/mental health services students with Carolina Access or any other insurance should receive 24 hour coverage from their primary care provider (PCP) in a non-emergency situation. The emergency room should only be used in emergencies. At any time, if your child receives mental health services from the Student Health Center and experiences a crisis, please call (336) 864-3055. Students with private health insurance, Health Choice, or Medicaid coverage should provide information to allow for billing for services. If insurance doesn't cover a charge the parent/guardian will be financially responsible for charges. Please contact the UNC Call Center for financial assistance or to see if you qualify for Medicaid (800)594-8624. No student that has a signed consent form will be turned away for failure to pay or lack of insurance.

Student Health Center staff will encourage your child to discuss all health problems with you. You will be notified of your child's visits to the Health Centers according to the following guidelines:

- 1. <u>Parent/guardian notified as soon as possible by phone or in person:</u> emergencies and urgent visits requiring immediate attention or outside referral.
- 2. <u>Parent/guardian notified same day by phone or in person:</u> illnesses requiring prescription medications.
- 3. <u>Parent/guardian notified by phone or note sent home with student:</u> non-urgent outside referrals or x-rays.
- 4. <u>Parent/guardian notified verbally by student:</u> physical exams, rechecks and minor infections.
- 5. <u>Parent/guardian notified only with student's consent or in a life-threatening situation:</u> counseling and confidential visits (emotional disturbance, STD, substance abuse, and pregnancy). This is required by North Carolina law in General Statutes 90-21.4 and 90-21.5. A copy of this law may be viewed at our web site. This law applies whether your child is seen in the Student Health Center, by your family doctor, at a hospital, or a public health department.

### Please return the attached forms to the Student Health Center at your child's school.

Our main goal is to keep your child healthy so that he or she may successfully complete high school. If you have any questions, please feel free to contact me at (336) 623-9711, ext. 1712341, or visit our website at https://www.uncrockingham.org/care-treatment/student-health-centers/

Sincerely,

Tara Pruett

Tara Pruett Director of Student Health

### 117 East Kings Highway + Eden, North Carolina 27288 + (336) 623-9711

Student Health Department

# **Rockingham County Student Health Centers**

Ι,

#### \_, parent/legal guardian of\_

request that the Student Health Center (SHC) staff and health care providers\* designated by them provide or arrange medical services to meet the needs of my child. These services include:

#### On-site:

- Medical evaluation, including history, physical examination, and routine office laboratory tests. This includes Health Check exams. 1.
- 2. Treatment of injuries and illnesses.
- Counseling, assessment, consultation, and referral to appropriate services. 3.
- Substance abuse prevention and intervention. 4.
- 5. Pregnancy prevention education. (Services do not include condom or other birth control distribution or abortion counseling).
- 6. Selected prescription and non-prescription medications.
- 7. Nutritional services.
- Mental Health Counseling and Education (group and/or individual). 8.
- 9. Immunizations
- 10. Chronic disease monitoring and treatment in collaboration with student's Primary Care Provider.
- 11. STI (sexually transmitted illnesses) screening and education.

#### **Referrals:**

Referrals are sent to appropriate services when deemed necessary.

\*Health care providers may include staff or contracted professionals including physicians, physician assistants, nurse practitioners, registered nurses, nursing assistants, health educators, nutritionists, counselors, and therapists, all of whom are licensed, certified, or registered and have professional credentials to perform specified assessments and treatments.

I understand that North Carolina Statue 582 protects a minor's right to receive services relating to sexually transmitted diseases, pregnancy, drug abuse, and emotional disturbance without parental consent. I understand that medical providers are not allowed to notify me about services provided in these areas unless the situation, in the opinion of the medical provider, indicates that notification is essential to the life or health of the minor. I understand that this law not only applies to the SHC but also to all private doctor's offices and hospitals. I understand that if I request information about these services, the medical provider will share information with me only if the provider considers it in the best interest of my child's health and welfare to do so.

#### I further understand that the SHC will make every effort to encourage my child to discuss problems and services with me.

For services not designated as confidential, I understand that I will be kept informed and will be asked to authorize my child's treatments other than non-medicinal or over the counter treatments and a yearly physical exam. In the event my child requires urgent medical care and I cannot be reached, I request that my child be allowed to authorize his own care with the understanding that I will be contacted as soon as possible.

The SHC has my permission to share information to coordinate my child's care with UNC Health Rockingham and Annie Penn Hospital or with private providers. I give permission for the Rockingham County Student Health Centers and Rockingham County School System to share information on immunizations. I give permission for information in medical records to be used for billing third party payers such as Medicaid or other insurance and for program management and evaluation purposes on a strictly confidential basis in accordance with law and acceptable medical practice. I also authorize to have insurance payments sent directly to Rockingham County Student Health Centers. In order to protect the confidentiality of the services provided through the SHC. I request that the privacy of my child's records be maintained and that they be kept confidential and not be released, except as authorized above, to me or anyone else without my child's consent.

Has your child had a physical exam in the last year?	Yes	No	Date:
Where was the physical done?			
May we verify with your provider the date the physical w	as completed?	Yes	No

#### WE MUST HAVE YOUR SIGNATURE & INSURANCE INFORMATION BEFORE YOUR CHILD CAN RECEIVE SERVICES

Parent/Legal Guardian's Signature		Date	
Student's Last Name	First	Date of Birth	

# **Rockingham County Student Health Centers**

Student's Last Name	First	Middle	
Date of BirthSoc. Sec#	School	L	_Grade
Sex:(circle) Male Female Ethnicity:(circle)	Hispanic Non-Hispanic	Student School Email:	
Race:(circle) Am. Indian/Alaska Native Asia	<u>n Black Hispanic Nat</u>	. Hawaiian/Other Pacific Islander	Other Race White
Mailing Address		City	State
	Zip	_	
Primary Phone#			_Parent Email
Mother/Guardian:			
Father/Guardian:		Phone#	
Who does the child live with most of the time?			
In Case of Emergency, please tell us a Local Fr	riend or Relative (not livi	ng at same address) whom we cou	ıld contact.
Name	Relationship		
Name	Phone#		
Person Responsible for the Bill:		Date of Birth	SS#
Name of Insurance Company: ID Number: Name of Subscriber: Patient's Relationship to Subscriber:SELF	DOB:	_Group Number: SS#:	
Student's Doctor			Phone#
	visit		Date of last
Preferred Pharmacy		City	
Does your child have any of the following co			
$\Box$ Allergies, (such as bee stings or peanuts)			
□Asthma – Date of last asthma attack			
□Vision Problems □Hearing Problems		e	
□Heart Problems–Please List		•	
□Orthopedic (bone or joint) Problems	•	ç	
□Operations/Hospitalizations–List (Dates/			
*If you checked ANY of the above condition	s, please explain:		
Is your child on any medications? □No □Y	es – Please List		
Is your child allergic to any medications?			

## CONFIDENTIAL

Student Name:

Date: \_\_\_\_

Emotional and physical health go together in children. Because parents are often the first to notice a problem with their child's behavior, emotions, or learning, you may help your child get the best care possible by answering these questions. Please indicate which statement best describes your child.

se n	nark under the heading that best describes your child:		Never		Sometimes	Often
1	Complains of achos and pairs	1	inever		sometimes	Uttell
1.	Complains of aches and pains	1				
2.	Spends more time alone	2				
3.	Tires easily, has little energy	3				
4. 5	Fidgety, unable to sit still Has trouble with teacher	4				
5. (	Less interested in school	5				
6. 7		6				
7.	Acts as if driven by a motor	7				
8.	Daydreams too much	8				
9.	Distracted easily	9				
	Is afraid of new situations	10				
	Feels sad, unhappy	11				
	Is irritable, angry	12				
	Feels hopeless	13				
	Has trouble concentrating	14				
-	Less interested in friends	15				
	Fights with other children	16				
	Absent from school	17				
	School grades dropping	18				
	Is down on him or herself	19				
	Visits the doctor with doctor finding nothing wrong	20				
	Has trouble sleeping	21				
	Worries a lot	22				
	Wants to be with you more than before	23				
24.	Feels he or she is bad	24				
25.	Takes unnecessary risks	25				
	Gets hurt frequently	26				
27.	Seems to be having less fun	27				
28.	Acts younger than children his or her age	28				
29.	Does not listen to rules	29				
30.	Does not show feelings	30				
31.	Does not understand other people's feelings	31				
32.	Teases others	32				
33.	Blames others for his or her troubles	33				
34.	Take things that do not belong to him or her	34				
35.	Refuses to share	35				
		Score _			(for offic	e staff use)
Does	s your child have any emotional or behavioral problems for which	h she or he need	ls help?	ΠN	$\Box$ Y	
	there any services that you would like your child to receive for th s, what services?	ese problems?		□ N	□ Y	